

BRAVE

WEEK 1

BIG IDEA

God knows who I am.

BIBLE

David is Anointed: 1 Samuel 16; (1 Corinthians 8:3)

LARGE GROUP TIME

WHAT?

MUSIC | He Knows My Name

- **INSTRUCTIONS:** Spend some time in worship with your kids! You can choose any song but you might want to check out "[He Knows My Name](#)" by Francesca Battistelli.

ACTIVITY | Career Charades

- Welcome! I'm so glad you're here today! For the next few weeks, we'll learn about what it means to be brave. Today, we'll learn about a shepherd boy named David who was chosen for a very special job. Let's start with a game where you, too, will be chosen for a very special job. . . sort of.
- **INSTRUCTIONS:** Print out the "Career Charades" printable. Distribute the career cards to each kid, asking them to keep their card hidden. Tell each kid to come up and act out the career listed on their card while the group tries to guess.

ACTIVITY | This or That

- **INSTRUCTIONS:** *Place a long line of tape on the floor, long enough to allow each kid to have a space along it. Tell the group to stand on one side of the tape. Instruct them to move to one side or stay where they are, based on the how they would answer your question [For example, "Would you rather eat eggs (indicate right side of the tape line) or cereal (indicate the left side of tape line) for breakfast?"]. Consider the suggestions below or add your own.*
 - Every day, we make a lot of choices. This game is all about choices.
 - Pool or beach?
 - Cookies or cake?
 - YouTube or Netflix?
 - Test or book report?
 - Hot dog or hamburger?
 - Ice cream or snowball?
 - Disney or Nickelodeon?
 - Sleeping in or staying up late?
 - Short car ride or long airplane ride?
 - Winter or summer?

QUESTION | The Best Thing About Being You

- **What is the best thing about being you?**
 - Today, we are going to hear about David, who was chosen to do a very special job. David wasn't chosen by people around him. He was chosen by God for this special job. Just like David, we are also chosen by God to do something special. What God chooses for you might be different than what God chooses for others, but you can have faith and believe your special job will be perfect just for you.

THE BIG IDEA | God knows who I am.

- **INSTRUCTIONS :** *Ask the kids to give you a drumroll by stomping their feet or patting their laps.*
 - This week's Big Idea: **God knows who I am.**

SO WHAT?

VIDEO | Brave, Episode 1

- **INSTRUCTIONS:** Play this week's [teaching video](#).

SCRIPTURE | 1 Samuel 16

- **INSTRUCTIONS:** Look up the story in your Bible and encourage the kids to do the same. Read it!
- **What job did God give to Samuel?**
- **What was Samuel afraid of?** Sometimes, when God asks us to do something, we are afraid because of what might happen. That's a chance for us to trust God!
- **Who told Samuel that David was the one?**
- **How did David help Saul?**
- **How do you think David felt about being chosen for his special job?**
- The job God chose David for was not an easy one, and remember, David was pretty young. He didn't have a lot of experience doing what God chose him to do, but God knew David was the perfect choice. And **God knows who I am**. God has chosen special things for me and you to do, too.
- God knows who we are better than anyone else. Samuel and David's Dad would probably never have picked David because he was the youngest. But God knew who David was, and God knows who we are, and sees the greatness in us and all the potential we have!

ACTIVITY | I Am

- Today, we read how God chose David for a very special, important job. You were created to do great things, too, because God knows who you are.
- **INSTRUCTIONS:** Give each kid a sheet of blank paper and a pencil. Tell them to write their name in large letters in the middle of the paper. Help the kids brainstorm words that would complete an "I am..." statement, such as "[John] am creative, bold, etc." Instruct them to write the words in various places around their name. Then, give them colored pencils or markers to decorate the page.

ACTIVITY | Name Game ▲

- **INSTRUCTIONS:** Give each kid an index card and a pencil. Instruct them to write their name on their card. Using a smartphone or tablet, Google each kid's first name to see what it means (you could also download a baby name app). Show the kid the meaning and tell them to write it on their card. Then, fold the cards and place them in a basket, mix them up, pull one out and read the meaning (do not read the name) on the card, having the kids guess who's name goes with the meaning. Continue with the remaining cards.

SCRIPTURE | 1 Corinthians 8:3 ▲

- **INSTRUCTIONS:** Look up the story in your Bible and encourage the kids to do the same. Read it!
- **What do you think it means to be known by God?**
- **How does it make you feel to know that you are known by God?**
- God knows us because God created us. God gave us our personalities, our gifts, our talents, and our physical appearance. God designed us to do the very special work that only we can do.

NOW WHAT?

ACTIVITY | Unknown Journey ▲

- David's life took an unexpected turn when God chose him to be king. Sometimes, we don't know what to expect in life, but God has it all planned out.
- **INSTRUCTIONS:** Tell the kids to spread out around a large playing area. Tell them to turn and face any direction they'd like to. Randomly call out "left" or "right" and a number of steps they should take. Play as time allows. At the end of the game, ask:
 - **How did it feel to not know where you were going?**
 - **Have you ever been in a situation where you had to trust God to lead you?**

PRAYER

- Let's pause for a moment and talk to God. Think back to the, "I am..." statements you wrote down earlier. [You can also tell the kids to retrieve their papers, if you'd like.] When we pray, call out a few of the words you wrote down when I tell you to.
- God, thank You for knowing us and having a plan for us to do what You want us to do. Help us remember You are always with us and that we are [have kids call out 'I am...' statements here.]

MEMORY VERSE | Verse in Action

- **INSTRUCTIONS:** *Encourage the group to work together to come up with motions to go along with the verse. Then, allow them to practice the verse a few times.*
- *Isaiah 41:10*

SMALL GROUP TIME

DISCUSSION

- **Who did God instruct to anoint the new king?**
- **Which one of Jesse's sons was chosen and anointed as king?**
- **Why was David chosen to be the new king?**
- **Read 1 Samuel 16:7. Why do you think our hearts matter more to God than our appearance?**
- **Have you ever been chosen for something you weren't expecting?**
- **How did you respond?**
- **How can you remember to be brave when doing something new and scary?**