

SING

WEEK 3

BIG IDEA

I am confident because God leads me.

BIBLE

Your Word is a Lamp for My Feet:
Psalm 119:101-105; (John 8:12)

LARGE GROUP TIME

WHAT?

MUSIC | Worship ▲

- **INSTRUCTIONS:** *Sing a few worship songs with your kids! Choose any song(s) you and your kids like, but you might want to include one or more of the following:*
 - "I Will Follow" by Chris Tomlin ([video](#))
 - "Follow You Anywhere" by Passion feat. Kristian Stanfill ([video](#))

ACTIVITY | Follow the Rainbow ▲

- **INSTRUCTIONS:** *Give each kid a fun-sized bag of Skittles. Each round, tell the kids to pull out one Skittle and notice the color. For each color, give a different instruction for them to follow. At the count of three, tell everyone to do the action based on their Skittle color. Repeat as many times as you'd like!*
 - Red: Stand up and do a dance
 - Orange: Do ten jumping jacks
 - Yellow: Do five sit ups
 - Green: Recite last week's Big Idea, I am safe because God watches over me, as loud as you can!
 - Purple: Do five push-ups

- **Was it easy to remember what you were supposed to do for each color?**

QUESTION | Who Leads You? ▲

- We all have leaders in our lives. Let's think about some of the leaders we have.
- **Who is the leader in a school?** (*Principal*)
- **Who is the leader in a classroom?** (*Teacher*)
- **Who is the leader at home?** (*Parents or guardians*)
- **Who is the leader in a city?** (*Mayor*)
- **Who is the leader of the country?** (*President*)
- God should be the ultimate leader of our lives. But God also gives us people who are wiser than us to help lead us.

THE BIG IDEA | I am confident because God leads me. ▲

- **I am confident because God leads me!**

SO WHAT?

VIDEO | Sing, Episode 3 ▲

- **INSTRUCTIONS:** *Play this week's [teaching video](#).*

SCRIPTURE | Psalm 119:101-105 ▲

- **INSTRUCTIONS:** *Look up the story in your Bible and encourage the kids to do the same. Read it! You might want to consider using a translation that's easier to understand such as the Message, NLT, or NIRV.*
- Light is very important! It helps us to see everything around us. When we can see things clearly, we know which way to go.
- God's words to us, like those right here in the Bible, are like light for our lives. When we obey God's words, they help to protect us from harm and

danger. And when we need to know what to do and what not to do, God helps us figure it out.

- **Read verse 103 again.** The psalmist, or the writer of the psalm, says God's words are sweeter than honey. That means he loves God's Word so much and enjoys spending time with God. When we have that same love for God's Word, we will read the Bible more. And when we read the Bible more, we will always know which way God is leading us!

VIDEO | Psalm 119:105 Dance ▲

- **INSTRUCTIONS:** [Use this video](#), "Psalm 119:105" to help the kids learn the key verse from today's Psalm. You may want to learn it beforehand and teach them each step before playing the video. Then, play the video as many times as you'd like so they can have fun practicing the verse. During the break down part of the song, encourage them to freestyle and have fun doing their own dance!

SCRIPTURE | John 8:12 ▲

- **What does this verse tell us about Jesus?** That's right! We all need Jesus' help to know what to do every day.
- God helps everyone to know what to do and where to go! If we don't listen to God, we will be like a person walking around a dark room with no flashlight! That's can be scary. Or we might bump into things and get hurt.
- God will help us make good choices. How? Through God's words! We can find God's words in the Bible. We can feel safe knowing God leads us.

NOW WHAT?

PRAYER ▲

- Thank You, God, for being a lamp in my life. You lead me and make sure I stay safe. Thank You for Your words that help me to know the right thing to do.

SMALL GROUP TIME

DISCUSSION

- **Why are lamps so important?**
- **How is God's word is like a lamp for us?**
- **Where can we find God's words?**
- **Read Psalm 119:105 again. What are some challenges you might face if you are walking around in the dark without a light on your path?**
- **Can anyone think of some Bible verses that help us know what we should do?**
- **Why do you feel safe and confident when God leads you?**
- **What are some ways you can follow God this week?**

ACTIVITY | Paper Lanterns

- **INSTRUCTIONS:** *Have kids make a paper lantern by folding a piece of paper length-wise, cutting slits along the fold, unfolding the paper and rolling it width-wise, and attaching the ends together. Place a battery-operated tea light inside. Check out [this link](#) to see how to make this and other types of paper lanterns.*
- This lantern will be a reminder to you that God's word is a lamp for your feet and a light to your path. Put it some place where you will remember this verse and how it can help you see the amazing things God does.

MEMORY VERSE | Psalm 95:1 (NIV)

- **INSTRUCTIONS:** *Introduce kids to this month's memory verse, teaching them the signs (a combination of SEE and ASL) we've provided.*