

SING

WEEK 1

BIG IDEA

I am wonderful because God made me.

BIBLE

Fearfully and Wonderfully Made:
Psalm 139; Psalm 104:24

LARGE GROUP TIME

WHAT?

MUSIC | Worship ▲

- **INSTRUCTIONS:** *Sing a few worship songs with your kids! Choose any song(s) you and your kids like, but you might want to include this one: ["He Knows My Name"](#).*
- Today, we are starting a brand new series called, "Sing!" We will learn some things about God. God is so wonderful and so amazing that people like to sing songs all about God. Sometimes, we call these songs, "praise." Praise is just a fancy name for a song that shows how thankful we are for God.
- God's people in the Bible sang songs they loved. Some of those songs are saved for us in a book of the Bible called Psalms. The psalms are songs that tell about how great God is and how much God loves us. Unfortunately, we don't know what the songs sounded like, but we do know the words! Today, we are going to learn something important that God's people in the Bible wrote a whole song about.

IMAGE | Masterpieces ▲

- Does anyone know what the word, "masterpiece," means? A masterpiece is something incredible that someone creates. It can be something people cook, draw, paint, build, write, or create in any other way.
- **INSTRUCTIONS:** *Show the kids photos of some of your favorite masterpieces such as [this painting](#) (they can also be favorite foods, books, songs, etc.). If you have a large group, consider projecting photos on a screen. If you have a smaller group, consider passing photos around (or bringing in objects if you own them, such as your favorite book). Be sure to keep the sharing kid-friendly!*

VIDEO | "Sing!" ▲

- The most obvious ways we can see how unique everyone is when people put them on display, like on a talent show!
- **INSTRUCTIONS:** *Show [this clip](#) from the movie, "Sing!"*
- **How did each of the contestants show off their uniqueness?**

THE BIG IDEA | I am wonderful because God made me. ▲

- **I am wonderful because God made me.**

SO WHAT?

VIDEO | Sing, Episode 1 ▲

- **INSTRUCTIONS:** *Play this week's [teaching video](#).*

SCRIPTURE | Psalm 139 ▲

- **INSTRUCTIONS:** *Look up Psalm 139 in your Bible and encourage the kids to do the same. Read it!*
- Psalm 139 teaches us God made each one of us and we are special because God made us. God knows everything about us – the things we are

proud of and the things we are not so proud of — and loves us just the same!

- **Is there anything or any person you know everything about?** You may know A LOT of about someone or something, but you can never know EVERYTHING. Then, how is it possible for God to know everything about us? God knows everything about us because God made us and is always with us.
- God created and loves every part of us. Every single part of us! You are wonderful because God made you!

POLL | Uniquely Made ▲

- **INSTRUCTIONS:** *Say aloud several different characteristics or traits people have. If you say something that describes the kids, tell them to stand. If it does not describe them, tell them to remain seated or sit back down if standing. Call out the following: brown eyes, freckles, left-handed, curly hair, dimples, can whistle, can snap, missing teeth, etc.*
- **Is there anyone who was standing the entire time?** No, right?
- God has made every one of us to be unique or different from everyone else. Today's psalm reminds us we can praise God because God has made us special.

OBJECT LESSON | Fingerprints ▲

- **INSTRUCTIONS:** *Tell each kid to put their thumb on an ink pad and then press their thumb down onto a piece of paper. Using magnifying glasses, lead the kids to compare the thumbprints and discover how each one is unique.*
- Did you know that no one in the whole, entire world has the same fingerprint as you? God gave every single person their own set of fingerprints that are different from every single other person.
- Our fingerprints are great reminders about how God loves each of us and created us exactly like God wants us to be.

SCRIPTURE | Psalm 104:24 ▲

- **INSTRUCTIONS:** *Look up the verse and read it!*

- God made more things than we can even count. God was able to do this because God is very wise. That means that God is very smart and used all those smarts to make us awesome.
- Every time we look into the mirror, we can remember that God designed us and thinks we are a masterpiece. We were especially created by God. Whenever we look at each other, we can remember the same thing.

NOW WHAT?

ACTIVITY | Wonderfully-Made Self ▲

- **INSTRUCTIONS:** Give each kid a printout of an outline of a body. After they have their outline, they can decorate the outline to look like them. They should draw the same hair color, eye color, etc. They will then fill up the inside of the body by writing things they are good at, things they love, and other words that show what is unique about them. Allow the kids to share their pictures with each other.

PRAYER ▲

- Dear God, We praise You because we are fearfully and wonderfully made. Thank you for loving us exactly as we are. Help us to love each unique person the way you love them and help us to love ourselves, too!

MEMORY VERSE | New Old Song ▲

- **INSTRUCTIONS:** Since this series is called, "Sing!" try different ways to sing the memory verse. This week, sing the memory verse in a familiar tune or melody (such as Do Re Mi Fa So La Ti Do, Mary Had a Little Lamb, etc.)

SMALL GROUP TIME

DISCUSSION

- **What are psalms?**
- **Name some of the things Psalm 139 says God knows about us.**
- **How does Psalm 139:14 describe how we were made?**
- **Read Psalm 104:24. What are some other things God has made in the world that are wonderful, too?**
- **Sometimes, people don't like how they look or something else about themselves. How does this Psalm help them?**
- **Why do you think people struggle with feeling good about themselves?**
- **What is one thing about yourself that you're thankful to God for?**

ACTIVITY | Awesome Acrostic

- **INSTRUCTIONS:** *Give each kid a sheet of paper and something colorful to write with. Encourage them to write out the letters of their name vertically down their paper. For each letter of their name, tell them to write a word that describes themselves. For variety, you can provide different types of paper, stickers, or other decorative items.*

MEMORY VERSE | Psalm 95:1 (NIV)

- **INSTRUCTIONS:** *Introduce kids to this month's memory verse, teaching them the signs (a combination of SEE and ASL) we've provided.*