

SING

WEEK 4

BIG IDEA

I am forgiven because God loves me.

BIBLE

Confession and Forgiveness: Psalm 32; 1 John 1:9

LARGE GROUP TIME

WHAT?

MUSIC | Worship ▲

- **INSTRUCTIONS:** *Sing a few worship songs with your kids! Choose any song(s) you and your kids like, but you might want to include one or more of the following:*
 - [Old Rugged Cross](#)
 - [Power in the Blood](#)
 - [All That I am](#)

THE BIG IDEA | I am forgiven because God loves me. ▲

- **INSTRUCTIONS:** *Distribute a "Hello my name is" name badge to each kid. Have them write "Forgiven" instead of their names. Have them walk around and "introduce" themselves to each other by saying "Hi, I'm forgiven. Nice to meet you!"*
 - This week's Big Idea: **I am forgiven because God loves me!**

SO WHAT?

VIDEO | Sing, Episode 4



- **INSTRUCTIONS:** *Play this week's [teaching video](#)*

SCRIPTURE | Psalm 32



- **INSTRUCTIONS:** *Look up the story in your Bible and encourage the kids to do the same. Read it!*
- Forgiveness is a fancy word that means God helps us when we do wrong. God helps to take away all the bad things in our hearts and God helps us to make better choices the next time.
- To be forgiven, we need to confess our sin or tell God about what we've done. I know what you're thinking – doesn't God already know? Yes, God knows.
- But when we confess, we are saying that we also understand what we did is wrong and that we understand that we disobeyed God. We are saying God's ways are the best ways and we want to obey God. When we do this, God forgives us and forgets we ever sinned! And if God forgets it, we can, too!
- God not only forgets our sin, but will help us to make better choices the next time!

POLL | Raise Your Hand



- **Raise your hand if. . .**
 - **You have ever said something that wasn't true.**
 - **You have ever taken or been jealous of something that belonged to someone else.**
 - **You have ever broken a rule.**
 - **You have disobeyed a grownup.**
- We all have sinned! But when we confess our sins, God forgives us. When we tell God about the things we've done, God helps us do better the next time. God does this because God loves us.

OBJECT LESSON - Coffee Filter Forgiveness



Have the child write something they have done wrong on the coffee filter, place the coffee filter in a shallow pan of water, put red food coloring on it until the words disappear. (use pencil for writing)

VIDEO | God's Story: Two Sons and a Father ▲

- **INSTRUCTIONS:** Show [this video](#) about one of the most famous parables of Jesus that shows how confession and forgiveness works, and how much God loves us.

SCRIPTURE | 1 John 1:9 ▲

- **INSTRUCTIONS:** Look up the verse and read it!
- **What does this verse tell us about God?** That's correct! God is faithful. God is also fair. We don't have to wonder if God will forgive us again when we sin again. God will because Jesus already promised to take away our sin for us.
- **What does this verse tell us about each other?** It tells us we have to confess our sins. That's the way we get God's help to do better the next time. When we confess, we will receive forgiveness.

NOW WHAT?

ACTIVITY | Forgiven and Forgotten ▲

- **INSTRUCTIONS:** Give each kid this week's printable and a pencil. Ask them to think of things they've done wrong and want to confess to God. Once they've had time to write, invite them to fold their paper a few times and bring it to the front. Don't read it. Put a small trash can in the middle of the room so they can throw it in. Once they put it in the can, remind them God takes those sins away and doesn't even remember them anymore. We are forgiven because God loves us!

REFLECTION | The Bible Tells Me So ▲

- I am going to share some verses that remind us of just how much God loves us.
- **INSTRUCTIONS:** *Read Romans 5:8, 1 John 3:1, Psalm 86:15 to the kids. You can choose to play an instrumental track in the background and/or have kids join in and sing along to songs like "[Jesus Loves Me/How He Loves](#)" by Caleb + Kelsey or "[Jesus Loves Me](#)" by Elevation Kids.*
- **How do we know God loves us?**

PRAYER ▲

- Thank You, God, for Your forgiveness. I know there are many things I do wrong. I am very happy You love me and will always forgive me. Help me remember to always tell You about my sin and to always remember that You forgive me.

SMALL GROUP TIME

DISCUSSION ▲

- **What is sin?**
- **What does it mean to confess sin?**
- **Why is it important to tell God about the wrong things we've done?**
- **Read Psalm 32:3-5. What do you think happens if we don't confess our sin?**
- **What makes it hard for you to confess when you do something wrong?**
- **How do you show forgiveness to someone?**
- **How do you know God forgives you when you confess your sin?**

ACTIVITY | Forgiveness Bracelet ▲

- **INSTRUCTIONS:** *Help the kids string pony beads onto twine or yarn to make a bracelet. Explain that just like a friendship bracelet reminds us we will always be friends, a forgiveness bracelet reminds us that God will always*

forgive us because God will always love us. You can also include letter beads that spell, "Forgiven."

- This bracelet is going to serve as a reminder to you that you are forgiven because God loves you.

MEMORY VERSE | Psalm 95:1 (NIV) ▲

- **INSTRUCTIONS:** *Introduce kids to this month's memory verse, teaching them the signs (a combination of SEE and ASL) we've provided.*