

AMAZED

WEEK 1

BIG IDEA

It's amazing! God takes care of me.

BIBLE

God Provides for Elijah: I Kings 17; (1 Peter 5:7)

LARGE GROUP TIME

WHAT?

MUSIC | Worship ▲

- **INSTRUCTIONS:** Spend some time in worship with your kids with songs like ["This is Amazing Grace"](#) by Phillips, Craig, and Dean and ["One Thing Remains"](#) by Kristian Stanfill.

ACTIVITY | How Many M&Ms? ▲

- **INSTRUCTIONS:** Fill a jar to the top with M&Ms or Skittles. Make sure you count them beforehand and know exactly how many are in there.
- **Can you guess how many M&Ms are in here?** There are [insert number] M&Ms in this jar. Some of you came close, and some weren't very close at all.
- Wouldn't it be so amazing if someone could take one look at this jar and tell you exactly how many M&Ms were in it?
- Did you know God knows exactly how many hairs are on your head? It doesn't matter how much or how little hair you have, God knows even that smallest detail about you. God cares about you that much.

ACTIVITY | Raven Relay ▲

- **INSTRUCTIONS:** Divide the kids into two teams. Place a table with stacks of paper plates and pre-packaged snacks on it in the middle of the

room. In this relay, each person on the team must run from their starting position to the table, grab their paper plate and head back to their team's starting position. After each team member has grabbed their plate, then each team member must also run and grab their pre-packaged snack, bringing it back to their position. Once everyone has retrieved their own snack, eat together as a group.

- Great job collecting your snack! In today's story, we're going to see how Elijah, one of God's prophets was fed in a very unusual way.

QUESTION | Who Do You Take Care Of? ▲

- **Can you name some things or people you help take care of?**
- **What kinds of things do you do to care for them?**
- **Is it always easy to take care of them?**
- In today's Bible story, we are going to hear about how God took care of Elijah, but God did it in a very unusual way.

THE BIG IDEA | It's amazing! God takes care of me. ▲

SO WHAT?

VIDEO | Amazed, Episode 1

- **INSTRUCTIONS:** *Play this week's [teaching video](#).*

SCRIPTURE | 1 Kings 17

- **INSTRUCTIONS:** *Find the Bible story in 1 Kings 17 and read it together.*
- Have you ever been on a road trip and your stomach started growling? You ask when it's going to be time to stop for lunch, but you are told not for a while. That's like what happened to Elijah.
- There was no food or water in the land, but God took care of him. God provided water for Elijah at a brook, which is a stream of water. [Pass out small cups of water to the kid.]
- How did God provide meat and bread to Elijah? God took care of Elijah by sending ravens to provide his food. [Pass out small bits of beef jerky and small crackers.]
- The widow only had enough oil and flour to make one more meal for herself and her son. Elijah assured her that her jar of flour and oil would not run out until God sent the rain again.
- Not only did God take care of Elijah, but God also took care of the widow and the son. There was food every day for Elijah and the widow and her son. It was amazing!
- One day, the woman's son got sick and died. It was very sad, but Elijah prayed to God and do you know what? God took care of the boy and the boy was alive again!
- What an amazing way God took care of Elijah! And God takes care of us, too.

ACTIVITY | Amazing M&Ms

- **INSTRUCTIONS:** *Using the candy from the earlier activity, give each kid a handful of M&Ms or Skittles and a white paper or styrofoam plate. Tell the kids to arrange their candies around the edge of the plate however they'd like. Then, slowly pour some water in the center of each plate until the water just reaches the candies. Watch as the colors bleed out from the candy toward the center of the plate (Make sure kids don't shake the plate or it'll minimize the effect).*
- **What did you think would happen at first when I added the water to the plate?**

- Look at these colors! Isn't it so cool to see how these little candies can be a part of something so amazing?
- God does amazing things all the time we would think is impossible, especially when it comes to taking care of us!

SCRIPTURE | 1 Peter 5:7 ▲

- **INSTRUCTIONS:** *Look up the verse and read it aloud.*
- What kinds of things are you worried about these days?
- God cares about us so much, God actually wants us to give all of the things we're worried about over to God. We don't have to worry about anything because God is going to take care of us.
- **When you are feeling overwhelmed, sad, or afraid, how can you give your cares to God?**
- Elijah had to have been feeling overwhelmed, sad, or afraid, too, when he realized there would not be enough food to eat. God provided for him in amazing ways. We will also be amazed by how God cares for us.

NOW WHAT?

PRAYER | Shining Prayer ▲

- **INSTRUCTIONS:** *Give each kid a piece of black construction paper. Encourage them to use white chalk to write out a prayer to God, giving thanks for a time God has provided for them when things seemed dark or hopeless.*
- There are a lot of things God has done for us. Our prayer is to thank God for taking care of us.

REFLECTION | God Takes Care of Me ▲

- **What is something you need God to take care of?**
- Maybe for some of you, your mom or dad lost their job. Maybe for some, a family member is sick. Maybe for some, you are getting bullied at school. There might be more than one thing you are worried about right now. No matter what's going on in your life right now, it's important to remember God cares for you.

MEMORY VERSE | Piece By Piece ▲

SMALL GROUP TIME

DISCUSSION

- **How did God take care of Elijah?**
- **How did God take care of the widow?**
- **How did God take care of the boy?**
- **Read 1 Kings 17:14. What is something God has for you that will never run out?**
- **How is God taking care of you now?**
- **Why is it amazing that God takes care of us?**
- **How can God use you to care for someone else?**

ACTIVITY | You Care for Me

- **INSTRUCTIONS:** *Provide construction paper and art supplies for each kid to create a card for someone who takes care of them. This might be a parent, teacher, babysitter, or other family member. Allow them to write or draw why they are thankful to have this person caring for them.*
- You have people in your life who care for you. We are going to make a card, thanking that person for taking care of you.