

# SUBSCRIBE NOW

WEEK 5

## BIG IDEA

The message of Jesus is powerful.

## BIBLE

Jesus Removes An Evil Spirit: Mark 1:21-28; (Psalm 111)

## LARGE GROUP TIME

## WHAT?

### MUSIC | YouTube Praise



- **INSTRUCTIONS:** *Play some worship songs that the kids can sing along with. Here are some suggestions:*
  - [Super Wonderful](#) by SweetLife Toddler & Pre K worship
  - [A Thousand More](#) by Thrive Worship
  - [You Say](#) by Lauren Daigle (Kids Version)
    - **PRETEEN HACK:** *Play the lyric video of "[You Say](#)" as performed by Lauren Daigle (not the kids' version). Give each kid a piece of paper and pencil and have them jot down the lyrics that they connected with the most.*

## VIDEO | Spot the Difference



- Instagram made a powerful difference in the social media world by giving people a way to connect through pictures.
- Instagram is the most popular social media platform with more than one billion users!
- Images can be powerful. Let's take a moment to look at some fun photos and spot the difference!
- **INSTRUCTIONS:** *Divide the kids into two groups. Each team will select a player to come up and try to spot the difference faster than the other team from [this video](#). The first to spot the difference wins a point. The team with the most points wins!*

## ACTIVITY | Color Milk Explosion



- For this activity, we are going to make a colorful and powerful milk explosion!
- **INSTRUCTION:** *Pour milk into a dish. Let it settle for a moment. Scatter some drops of food coloring into the milk. Use a Q-tip or pipette to add a drop of dish soap to the center of the dish and watch what happens. (If you have any kids with dairy allergies in your group, use dairy-free milk.)*
- Sometimes, we don't know what something or someone is capable of until we try and test the limits of their abilities. Grownups like to call that, "potential."
- **What increased the potential of the colors in the milk so that they spread more?**

SO WHAT?

## SCRIPTURE | Mark 1:21-28



- **INSTRUCTIONS:** *Read Mark 1:21-28.*
- Today's Bible story tells us that Jesus was not like the other teachers and prophets. Jesus' message was powerful and people were amazed when they heard it and started to follow Jesus. If Jesus was on Earth these days, people would say Jesus was trending!
  - Can you imagine it? Jesus . . . a celebrity! **In what kind of setting do you think Jesus would be teaching if he were here on Earth today?**
- Then, a man came and caused a ruckus. He shouted, "What do you want with us, Jesus of Nazareth? Have you come to destroy us? I know who you are — the Holy One of God!"
  - **Have you ever been watching a good show and then a sibling, pet, or another person made loud noises or got in your way and distracted you?**
- Sometimes, people disrupt you but don't really mean to. As for the man who interrupted Jesus, there was something different about him. Jesus knew the man was suffering with something so much on the inside that it was making him lose control on the outside. Believe it or not, a mean, evil spirit was inside of him.
- So, Jesus shouted to the spirit, "Be quiet! Come out of him!"
- Then it did! It came out of the man and disappeared. As you can imagine, people were amazed and in shock! They just could not believe Jesus had the power to do that!
- After that, the news of Jesus' power spread even quicker!

## THE BIG IDEA | The message of Jesus is powerful.



**The message of Jesus is powerful.**

## VIDEO | Subscribe Now, Episode 5



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- **INSTRUCTIONS:** *Play this week's [teaching video](#).*

## QUESTION | Jesus Chatter



- **What do you think people were saying about Jesus?**
- Some people might have been afraid, and maybe some were amazed. But one thing couldn't be denied — Jesus is powerful!
- **What would you do if you were in the crowd and you saw a man instantly change?**
- **Has your life changed because of Jesus? In what ways?**

## ACTIVITY | DM Story



- One of the ways you can talk to people on Instagram is through direct messages, or DMs.
- Imagine you were in the crowd when Jesus performed this miracle. Take turns writing a story as if this DM was between two friends. **What would it say?**
- Take turns writing the story about the amazing miracle Jesus performed!
- **INSTRUCTIONS:** *Pair the kids and give each pair a DM printable. Tell them to take turns writing a message in the speech bubble. They can also draw a funny picture as a GIF message, or they can use emojis to write the story.*

## NOW WHAT?

## ACTIVITY | Insta-Confetti Cannon



- Sometimes, before you share a powerful message, it might help to get people's attention. One tried-and-true attention getter is a confetti cannon!
- **INSTRUCTIONS:** *Give each kid a balloon and have them tie a knot at the mouth, without blowing up the balloon. Cut the balloon in half using a pair of scissors, the dispose of the half without the knot. Stretch out the balloon over one end of a toilet paper tube and secure it in place with strong tape. Decorate the tube with Washi tape, patterned duct tape, or paper. Insert confetti into the open end and have kids await further instructions. You can watch an example of how it's done [here](#).*
- Now that you all have your confetti cannons, **what powerful message do you want to share? Is it Jesus loves you? My sins are forgiven? Jesus is my best friend? God is good?**
- At the count of three, pull back on your balloon knot and release it to shoot out the confetti. At the same time, yell out your message! Ready? 1 . . . 2 . . . 3!
- What a fun way to let people know that **the message of Jesus is powerful!**

## REFLECTION | Who Told You About Jesus?



- **When was the first time you heard about Jesus? Who told you? Who told the person who told you?**
- Imagine the number of people the message of Jesus has been told to just to get to you. People from today's story did not have internet, social media, or cell phones with videos.
- **So, how did the message of Jesus spread?**
- The Bible is the most copied, read, most referenced book in the world. Fun fact: Did you know that even if all the Bibles in the world were to disappear, we would still be able to piece it back together *completely* through other books that aren't the Bible?
- But the message didn't just spread by itself. The pages of the Bible didn't fly all around the world on their own. Someone had to tell it then pass it on. And then the next person did the same thing. It took a lot of people's hard work and even suffering to make sure the message of Jesus can be heard everywhere.
- **The message of Jesus is powerful** to change people's lives when they hear it. But it's our job to make sure people do hear it!

## PRAYER



- Dear God, Thank You for giving us a powerful message. We are glad that it has reached us thousands of years later, miles and miles from where it started. Help me to be a part of carrying your message to others so that more people will hear and be changed by Your message of love and hope. Amen.

## SMALL GROUP TIME

## DISCUSSION



- Why was the crowd amazed by Jesus' teachings?
- Who did the suffering man say that Jesus is?
- Did Jesus become more or less popular after this event?
- Read Mark 1:27-28. Why is it important that the message of Jesus spreads?
- What are ways we can help share the powerful message of Jesus?
- Are there ways to share the message of Jesus without talking?
- Who in your life does not know Jesus and needs to hear this message?

## ACTIVITY | InstaStories ▲



- During the coronavirus outbreak, celebrities read children's books out loud and shared it on Instagram to raise money and spread news about certain charities they believed in.
- Let's try something similar to get the word out about something we believe in – the good and powerful message of Jesus!
- **INSTRUCTIONS:** *Assign one or more verses to each kid to illustrate. Then, put the illustrations together and read Psalm 111 aloud. Record it, upload it, and send a private link to the parents to view. You could even post it on your church social media pages, granted you have parental consent. Optional: Invite the entire family to join. Ask them to share their favorite Christian book, read it out loud on their social media pages, and spread the powerful message of Jesus online!*