

## Turn It Up

Week 2

### **BIG IDEA**

God, you help me overcome big things.

### **BIBLE**

David and Goliath: 1 Samuel 17:1–50; Psalm 24

## LARGE GROUP TIME

Welcome back to the *Turn It Up* World Tour! I am the Stage Manager and I am so stoked to keep preparing for our gig with you. It's coming up soon and today, we are going to step further into prep. There are instruments to tune, choreography to learn, songs to write . . . not to mention this whole drama between Duke and Biggie G — I'll explain later — and it all feels like a lot! So thank goodness you're here as the concert crew. It may seem like a big undertaking, but you have an important part to play . . . much like David did in today's Bible story!

[Play [sound effects](#) of instruments tuning before a concert as kids enter the room.]

## WHAT? What are we talking about today?

### ACTIVITY | Beach Ball Beats

- **INSTRUCTIONS:** Play [this musical scene](#) from the movie *Sing 2* (for more information on how to legally use copyrighted material for educational purposes, [read this](#).) Then, play a game where kids try to keep the beach balls in the air without letting them hit the ground for one minute.
- Today, we are going to *Turn it Up* and learn about musicals. At a musical, the story is told with music! So our performers must know how to act, sing, and dance! That's a lot to juggle . . . like those beach balls, you were juggling just now. By the way, our audience is going to love it when we throw those out during the concert!
- Speaking of juggling a lot of things, did you know that the new king-to-be, David, was also a shepherd and a musician? His experience with both of these things would come in handy as he faced one of the biggest challenges of his life!

- **INSTRUCTIONS:** Draw out a [musical staff](#) with a treble clef on a large piece of paper. Give each kid a sticky note and direct them to write their name on it. After you read off each activity below, encourage them to place their sticky note on the staff to indicate how risky they think the activity is (think of it as a scale of one to five where the lowest is the bottom line of the staff). Feel free to ask outliers to explain their response. Have kids remove their notes before being asked the next question.
- Not all musicians are experts in musical theory, but it's good to know some music terms so we can be on the same page. This is called a musical staff and each line and space in between the lines represents a music note. So the lower your music note is on the staff, the lower sounding it will be. The higher you go, the higher the notes will be. Makes sense, right?
- So, I'm going to give you a different kind of note — a sticky note. Write your name on it. When I call out these different activities, you have to figure out how big of a risk it is. Then put your note on the line that represents your answer. For example, if you think this activity is really risky, put your note on the highest line. If you think this is not risky at all, put it on the lowest line. Or you can put it anywhere in between.
- **How much of a risk is . . .**
  - **Tasting a food you've never tried before?**
  - **Riding a super fast roller coaster?**
  - **Trying out for a sport?**
  - **Going to a new school?**
  - **Telling a joke?**
  - **Flying on a plane?**
  - **Singing in front of a crowd?**
  - **Making a new friend?**
  - **Swimming in the ocean?**
  - **Standing up to someone who's being unkind?**
- *(After poll.)* We all experience risk differently. What's terrifying to someone might feel natural to others. There are times in our lives when we will have to face something that we dread or don't think we could do well . . . something that feels really big. Let's see what the Bible story tells us about times like that!

## SO WHAT? Why does it matter to God and to us?

SCRIPTURE | 1 Samuel 17:1–50 (David and Goliath)

- **INSTRUCTIONS:** Read the passage or select a few key verses you'd like to zoom in on. The stage manager should have on an all-black outfit, a headset, and a clipboard. Play upbeat music as kids enter the environment and add a [record scratch sound effect](#) before speaking.
- Hey rock stars! I'm [fill in your name], the Stage Manager for the Turn It Up World

Tour! As we keep putting together details for the concert, I have to fill you in on something wild that happened this week.

- So our show's coming up real soon. Then we found out that the concert hall had booked another artist, a rapper named Biggie G, for the same dates as our tour! The owners of the venue didn't know what to do so they told both of our bands to face off in an epic rap battle, and the winner would get the space.
- A rap battle against a legit rap artist?! We felt pretty defeated, but then out of nowhere, Duke — our newest and least experienced band member — said he'd give it a try.
- When he stepped up like that, it reminded me of the story of David and Goliath from the Bible. If you remember David, he was the young, shepherd guy God chose to be the next king of Israel, but he wasn't king yet. Saul was still in charge for now.
  - At the time, the people of Israel were at war with the Philistines. One of the Philistine fighters was a man named Goliath. **1 Samuel 17:4–6 describes what he looked like.** Sounds terrifying, right?
  - For forty days, Goliath kept taunting the Israelite army, asking if anyone was brave enough to go to battle against him. No one volunteered. King Saul was even afraid to take that kind of big risk!
- One day, David came to the battlefield to bring his older brothers some lunch. He heard Goliath's threats. Want to know what happened next? **Check out 1 Samuel 17:32–37.**
  - David believed that God would give him the strength and power to defeat Goliath. David had spent years defending his sheep from lions and bears, and God had helped him. So, he trusted God would protect him in the fight against Goliath.
  - Instead of wearing King Saul's armor, David approached the battlefield with what seemed to be nothing: just a sling and a few small stones. But David had something else, too. **Let's see what David said right before their battle in 1 Samuel 17:45.**
  - David slung one stone at Goliath and it hit him in the middle of the forehead, and down went the giant! David knew that he didn't need a sword to take down Goliath. He needed God's help to do what seemed impossible.
- Isn't that an amazing story? The rap battle with Biggie G ended similarly!
  - Biggie G was grinning from ear to ear, thinking he had the competition in the bag! But as soon as Duke opened his mouth, the words flowed like a river. For two solid minutes, we listened to tenacious lyrics and beats, and by the end, even Biggie G was impressed. He shook Duke's hand and told us that the venue was ours!
- David was willing to take a big risk and relied on God's strength to help him slay Goliath! Nothing is too big for God — not even a giant rap battle or an actual giant!

BIG IDEA | God, you help me overcome big things.

- **INSTRUCTIONS:** *Have the leader dress as a DJ. The DJ will ask kids for some words that rhyme with "things." Then have the leader try out a rap with some of*

their suggestions or invite some kids to try it. Provide a [hip-hop instrumental track](#) that they could perform their rap to. Make sure you have purchased any licenses required to do so. For more information, [read this!](#) A sample rap has been provided for you.

- **Yo, people! Are ready to turn up the Big Idea!? I said, y'all ready to turn it up?!**
- Today, we are going to rap our Big Idea together, but first I need your help: call out some words that rhyme with "things."
- Alright, let's see if we can come up with a fun rap to try out together.
  - *Yo, listen up! Before David was king,*
  - *He would raise sheep and sometimes sing.*
  - *But he beat Goliath with just a sling,*
  - **God, you help me overcome big things.**
- *Turn It Up World Tour! DJ out.*

#### ACTIVITY | Glow Stick Dance

- **INSTRUCTIONS:** Ask for four volunteers to perform a dance. They will have three minutes to prepare and will come back and perform it for the rest of the kids. Have them go to another room with adult volunteers who will help them tape glow sticks to their clothes, resembling a stick figure [like this](#). Don't let the other kids in on the surprise, but turn out the lights in the room before the dancers come back. Play an upbeat song and let the kids make up a dance on the spot.
- **How would you feel jumping into something you aren't prepared for? Does that make you feel excited? Terrified? Nervous?**
- **Was it nerve-wracking to take a big risk and jump into something new?**
- **How about all of you in the audience? What did you think when you turned out the lights? Were you fearful?**
- As soon as I saw these cool glowing outfits, I wasn't afraid anymore. The light broke through the darkness. Instead of feeling nervous, I actually felt excited to see what was in store . . . and this dance crew was amazing! I think we need to add this act to our tour for sure!
- Just as the light shifted our perspective, God helps us feel courageous in the midst of risky situations.
- **God, you help me overcome big things.**

#### SCRIPTURE | Psalm 24

- **INSTRUCTIONS:** *Read the passage together.*
- David, the young man who faced Goliath, wrote this psalm later in his life. In this psalm, David writes about the importance of not trusting in an idol or false gods. In David's day, there were a lot of people who looked to sources other than God for protection and strength, but David knew that the only one who would help him overcome big things was God.
- This psalm describes God as strong and mighty in battle. David experienced

God's strength firsthand when he faced Goliath. Facing Goliath felt impossible, but he trusted in God to protect him.

- We can trust that God will protect and take care of us too. When God sent Jesus to earth, Jesus called himself the "Good Shepherd." He said he laid down his life so that his sheep — you and me — could be safe.
- Jesus wants what is best for us. Instead of looking to other things that can become idols (popularity, money, or having the newest, greatest stuff) we can turn to God. We can trust that God alone can help us overcome big things. Jesus, our Good Shepherd, will protect us in the battles of life.
- **God, you help me overcome big things.**

VIDEO | Turn It Up, Episode 2

- **INSTRUCTIONS:** *Play this week's episode of [Press Play](#).*

## NOW WHAT? What does God want us to do about it?

REFLECTION | I Got Your Back

- **INSTRUCTIONS:** Show [this "World of Dance" video](#) or something similar as a teaching tool (for more information on how to legally use copyrighted material for educational purposes, [read this](#)).
- A lot of people don't know this, but performers have to look out for each other. Especially if you're part of a band or a dance group — you've got to have each other's backs.
- **What did you notice about how these dancers worked together?**
- The dancers were pretty bold. There were some risky moves in this routine, but the team was constantly helping each other. They didn't hold back because they had practiced and knew where they had to be to help each other out.
- **Who are the protectors in our lives? How do they protect us?**
- **How can we protect others?**
- **What are some things we can do boldly because God helps us overcome big things?**

MEMORY VERSE | Psalm 147:7 (NIV)

- **"Sing to the Lord with grateful praise; make music to our God on the harp."**
- **INSTRUCTIONS:** *Teach kids the difference between [legato and staccato](#) (legato is when the music or our speech is smooth and connected while staccato is when the notes or words are quick and kind of choppy). Then have them say the memory verse together once in legato and once in staccato. Then have them switch it up mid-verse by calling out legato or staccato at random.*

- **ACCESSIBILITY HACK:** Make sure you have the words written out for them so they don't have to do this from memory. You can also have them repeat chunks after you in legato or staccato instead of having them do it on their own.

#### PRAYER

- God, there are a lot of things that make us feel nervous or afraid, but we are safe to take risks with you. Thank you for helping us overcome big things. Amen.

## SMALL GROUP TIME

#### DISCUSSION

- **SCRIPTURE QUESTIONS**

- **Who was the unexpected person that decided to face Goliath?** *David.*
- **Why do you think the stones and sling were more effective than Saul's armor?** *David was skilled with these tools because of his experience tending sheep.*
- **Who gave David the confidence to go to battle?** *God!*
- **In Psalm 24:4, David talks about not trusting in idols. What do you think that means and why is that important?**

- **APPLICATION QUESTIONS**

- **Has there been a time in your life that you have been protected by someone?**
- **What is something big that you may need to overcome in the next month?**
- **How do you think God can give you confidence to face that big challenge?**

#### ACTIVITY | Drum To Overcome

- **INSTRUCTIONS:** Give each kid a small chip can and a pair of wooden chopsticks to create their own drum and drumsticks. Provide washi tape, stickers, glitter glue, and other decorative items to decorate around the can. (See a worked example [here](#).)
- When we are faced with something challenging, our hearts might start beating faster, like a drumbeat. What is even bigger than those anxious and nervous feelings is God being with us and helping us tackle things we never knew we could.
- Let's drum up today's Big Idea out together in a big way — that is, let's *sturn it up!* **God, you help me overcome big things.**

